

# Preventing FASD: Creating a Circle of Hope

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*Presented by Kathleen Mitchell, MHS, LCADC and Daphne Colacion*

## Date and Time

May 28, 2014 at 1 PM EDT, 12 PM CDT, 11 AM MDT, 10 AM MST, 10 AM PDT, 9 AM AKDT

## Audience

Allied Health Professionals, Counselors, Dentists, Educators, Health & Educational Administrators, Nurse Practitioners, Nurses, Pharmacists, Pharmacy Technicians, Physicians Assistants, Physicians, Psychologists, Social Workers.

## Summary

The presenters will use personal stories to describe how individuals, their families, and communities are affected by alcohol and FASD. Ms. Mitchell will highlight some of the NOFAS FASD prevention efforts in their 25 year history. Suggestions for how clinicians and communities can work to prevent FASD will be discussed.

## Objectives

At the end of this presentation, participants will be able to:

- 1) Discuss how creating environments that support and empower women will prevent FASD
- 2) Describe the NOFAS Circle of Hope Program for birth mothers.
- 3) Describe Lake County Tribal Health Consortium's Gouk-Gumu Xolpelema Tribal Home Visiting Program utilizing the Parent Child Assistance Program Model

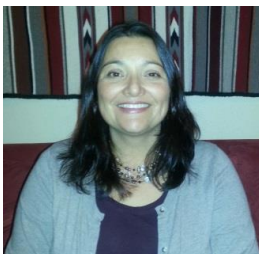
## Registration

This presentation is open to everyone and **no registration** is required. Simply follow the instructions under "Connection Information" on the day of the presentation to be connected.

## Connection Information

1. Go to login page: <http://ihs.adobeconnect.com/fasd>
2. Select the "Enter as a Guest" option
3. Enter your *first* and *last* name in the Name field.
4. Enter the room passcode: **fasd**
5. Press the "Enter Room" button

## About the Presenters



Daphne Colacion is the Program Coordinator for the Gouk-Gumu Xolpelema Tribal Home Visiting Program at Lake County Tribal Health Consortium in Northern California. She has worked in Lake County's Native community for six years and has been implementing an FASD prevention program and workshops for the community and providers for the last three years. Ms. Colacion comes from a social services background working with children and families for over 20 years.



Kathleen Tavenner Mitchell is currently the Vice President and International Spokesperson for the National Organization on Fetal Alcohol Syndrome and a noted speaker on Fetal Alcohol Spectrum Disorders (FASD) and Women and Addictions. Ms. Mitchell has a Master of Human Services (MHS) degree and is a licensed clinical alcohol and drug counselor (LCADC) with thirty years of experience as a national educator, clinician, and lecturer.

## Recording

All sessions are recorded for those unable to join them real-time, **however, CME/CE credit is not available for viewing the recording.** You can access previous recordings at: <http://bit.ly/TBHCEarchive>

## Adobe Connect First Time Users

The IHS uses Adobe Connect for online meetings. If you have never attended an Adobe Connect meeting before, please test your connection before the session. [http://ihs.adobeconnect.com/common/help/en/support/meeting\\_test.htm](http://ihs.adobeconnect.com/common/help/en/support/meeting_test.htm)

## Audio options:

- Select “Dial-out” and receive a call by entering your phone number (example: +13014433593).



The screenshot shows a window titled "Join Audio Conference". The text inside says: "This meeting's audio conference was successfully started. How would you like to join the meeting's audio conference?". There are three radio button options: "Dial-out [Receive a call from the meeting]" (which is selected), "Dial-in to the Audio Conference via Phone", and "Using Microphone (Computer/Device)". Below the first option is a red text box that says "Enter your phone number here" with a green border. Below that is a smaller text box with the example "(+ Country code - Area/city code - Number E.g. +1-415-555-1234)". At the bottom are two buttons: "Join" and "Listen Only".

- Select “Dial-in to the Audio Conference via Phone” if you don’t have a direct line. Please enter your unique code once connected (you will not be prompted for your code).



The screenshot shows the same "Join Audio Conference" window. The "Dial-in to the Audio Conference via Phone" option is now selected. Below it, a text box contains the text: "United States: +18008320736". Below that, another text box says: "Enter the following details when prompted: MeetingOne Conference Room Number: 1381288". Below that, a red text box says: "Once joined to the audio, identify yourself: Your unique code will be here". At the bottom are two buttons: "Done" and "Listen Only".

- Click the “Listen Only” button if you prefer to listen via your computer speakers.



The screenshot shows the same "Join Audio Conference" window. The "Using Microphone (Computer/Device)" option is now selected. At the bottom are two buttons: "Join" and "Listen Only", with the "Listen Only" button highlighted by a red rectangle.

## Questions & Technical Assistance

Alaina George (505-248-4531, [alaina.george@ihs.gov](mailto:alaina.george@ihs.gov))

Mary Toledo (505-248-4612, [mary.toledo@ihs.gov](mailto:mary.toledo@ihs.gov))

## Calendar

[UPCOMING EDUCATIONAL SESSIONS \(click here\)](#)

## Continuing Education

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University Of New Mexico Office Of Continuing Medical

Education and the UNM Center for Rural & Community Behavioral Health. The UNM Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physician.

The Office of Continuing Medical Education designates this live activity for a maximum of 1 AMA PRA Category 1 Credits per training hour. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UNM CRCBH is approved by the American Psychological Association to sponsor continuing education for psychologists. UNM CRCBH maintains responsibility for this program and its content.

This activity has been approved to provide Continuing Education Units (CEU) by NM Counseling & Therapy Board through Dr. Avron Kriechman at the UNM Center for Rural & Community Behavioral Health.